

Mendocino Coast Jewish Community

HIGH HOLY DAYS, 5784 (2023)

L'Shana Tova! We wish you and your loved ones and our world a very happy and healthy new year. Below is a fairly complete schedule of services and other gatherings. This year we will be gathering in our shul for Rosh Hashana and Yom Kippur services. Evening and daytime services will also be accessible on the MCJC zoom link (see page 2 below).



Selichot:

Saturday, September 9, 8:00 PM. A short, candle-lit later-evening service of preparation for the Holy Days, with chanting and time for looking within. This service will not be zoomed.

Pre-Rosh Hashana mikveh:

Friday, September 15. We will meet at 10:00 AM at the Albion Grocery and carpool together to the Middle Ridge Pond. If you do not want to meet at the store, please park at Harriet's house at 31131 Middle Ridge and walk to the pond. Please do not park your car anywhere on Middle Ridge Road. Contact Nina at ninabo@mcn.org to let her know you plan to come and with any questions. All women are invited to attend the *mikveh*, a prayerful ritual immersion in "living water."

Rosh Hashana:

Evening service Friday, September 15, 7:30-9:30 PM.

Morning service Saturday, September 16, 10:30 AM-2:00 PM

There will be a **veggie potluck lunch** following the morning service. Please bring a cold dish to serve 8-10 people, with a list of ingredients to display. You can leave food in the shul kitchen. If you are visiting from elsewhere, no need to bring food. If you make a dish which is special to you in some way, consider sharing a few words about it at the lunch. Dishes and beverages will be provided.

Community teachings and conversation, Saturday, September 16, 3:30-5:00 PM. As always we look forward to teachings from members of our community to help us enter the New Year. Look for some changes of format this year to encourage connection and conversation. Also on Zoom.

Day Two: Sunday, September 17, at Caspar Beach.

Because the first day of *Rosh Hashana* falls on Shabbat, and therefore it is not customary to sound the shofar, we will have a second day gathering. We will hear the shofar to awaken our souls and cast the crumbs of old habits into the water.

2:30 PM Celebration for children and families—shofar, apples and honey, activities for young souls

3:30-4:30 PM — Shofar service and *tashlikh* (casting away the crumbs of our old ways)

4:30 PM onwards — Bonfire with food puns centered by the Young Jewish Adults

Yom Kippur:

Kol Nidre Sunday September 24, 7:30-9:30 PM. This beautiful service begins our daylong journey into the Holy of Holies for renewal of our souls and our world.

Morning service Monday, September 25, 10:30 AM-2:30 PM.

Yizkor (memorial service) 4:30-5:30 PM. If you would like to add names to our ongoing community *yizkor* list, please contact Donna Montag at montag@mcn.org (by phone at 707-877-3243, but e-mail preferred) before Yom Kippur. If you have ever given us a name to be read, it will still be on the community list.

Mincha and Ne'ila, 5:30 to sundown. Also on Zoom. Community *kiddush* and simple break-fast at the shul will follow.

All are invited to continue the joy of the conclusion of Yom Kippur at potluck **Break the Fast meals at community members' homes.** Names of hosts and directions will be provided on Yom Kippur. We encourage you to go to one in your neighborhood.

General High Holy Days Information:

We encourage you to come for as little or as much of the High Holy Day services as suits you. Please do not hesitate to come in while services are underway or to leave when you need to.

We are suggesting a contribution of \$200.00 for each adult who is not already a contributing member of MCJC. Please send a check to P.O. Box 291, Little River, CA. 95456 or contribute via PayPal at the MCJC website (www.mcjc.org). It is traditional not to handle or discuss money on the holidays, but if you have any financial questions, please call Raven Deerwater, our Treasurer, soon at (707) 937-1099. As always, no one will be turned away for lack of funds.

ZOOM ADDRESS

We are using the Zoom address below for many MCJC events. You may or may not be asked to type in a password, which is *shalom*. Disregard the numeric passcode at the bottom of the invitation unless you're dialing in on a landline. If you have questions or problems, contact susan.tubbesing@gmail.com.

Join: <https://us02web.zoom.us/j/7071836183?pwd=NzFaTkpjOXVYMDNnNnprOXlnZjVhQT09>

Meeting ID: 707 183 6183

Passcode: *shalom*

Numeric Passcode: 776001

The Season of Our Joy! Sukkot, Shemini Atzeret, Simchat Torah

Sukkot begins at sundown, Friday, September 29th and concludes the following Friday, October 6th, at sundown. Plans are afoot for several different community gatherings during Sukkot. On September 29, we will gather in Margaret's *sukkah* to celebrate Shabbat and the first night of *Sukkot*.

We hope you will consider making a *sukkah* and inviting guests. This can be for a potluck meal, sharing poems, crafting, singing, discussing, just sharing a cup of tea, whatever suits you and your *sukkah*. It can be at a set time, or people can call and drop by at mutually convenient times. If you would like to host folks in your *sukkah*, please let Margaret know at mholub@mcn.org or 707-734-0311.

Lulav-making—Paige and Margaret will host a gathering to make our own *lulavim* (the bundles of four species which we shake during *Sukkot*) with local species on Sunday afternoon, October 1st. This gathering will be with our wonderful group of families with young children, but people of ALL ages are so very welcome. Details to come.

Sukkot Harvest Party at Xo Kako Dile (Fortunate Farm), Wednesday, October 4th from 4:00-7:00 PM. Bring a veggie dish to share, as well as blessings and prayers. Hosted by the MCJC Justice Group and the Young Adults Group. RSVP if possible to adinam@berkeley.edu.

Shemini Atzeret-Simchat Torah: On Saturday night, October 7th we will beat willows and pray for another year of beautiful, plentiful rain, and then read the conclusion of the Torah and roll her back to her beginning where we'll read together of the creation of the world. Details to come.

If you have High Holy Day-related questions or would like to volunteer to help with some of the housekeeping tasks that make the Holy Days work for us all, please contact Lisa Fredrickson at 707-972-0884 or yes@mcn.org.

*Shana Tova U'Metukah...*a happy and sweet year to all!